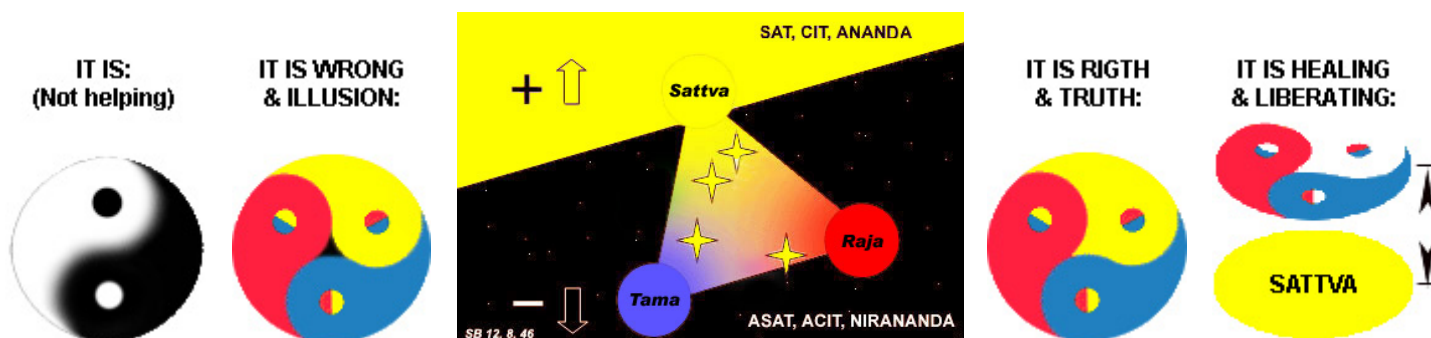


THE TIMELESS, UPLIFTING, HEALING, LIBERATING, NATURAL AND UNIVERSAL APPLICABLE SCALE OF THE WORLD-ETHOS OF YOGAPSYCHOLOGY

In the trinitarian world-view of Yogapsychology we don't fight with our mind – we just tune into the uplifting thought-transmitter of “Radio Sattva” (the healing current, Heilstrom, Heilkraft), and we receive uplifting thoughts and energetic inspiration, deeper insight and spiritual satisfaction:

Since the time of Einstein, scientists have continually sought a Grand Unified Theory. The three “Gunas” condense our natural laws to a universal formula that explains both matter and consciousness and everything what we do, what we think, how we see the world and how we behave. In the ancient Indian Sanskrit Text, as in the Bhagavad Gita, we find the three Gunas which create an intercultural and interreligious universal scale of ethics, since they have their origin in the universal three modes (phases) of material nature: **Formation or creation** (Raja-Guna), **existence or maintenance** (Sattva-Guna), and **decay or destruction** (Tama-Guna):



POLE OF EXISTENCE

The uplifting channel / thought-transmitter of “Radio Sattva” (from Sat, as in Sat Cit Ananda):

Synonyms of Sattva: Maintenance, goodness, virtue, health, truth, knowledge, peace, patience, love, happiness, purity, clarity, cleanliness, beauty, aesthetics, light, illumination, charity, cheerfulness, equanimity, empathy, altruism, the greater ability to differentiate between things, control over the mind, control over the senses, control over the tongue, tolerance, fulfilment of duty, love of truth, forgiveness, care, satisfaction and positive thinking (even in adverse situations), trust, generosity, honesty, mind-, self-control, equilibrium, feelings of responsibility, modesty and ease, simplicity, meditation, non-complication, fearlessness, self-realisation. **Result:** Healing, salvation, good uplifting rebirth, expansion of the karmic radius of our free will.

POLE OF FORMATION

Raja-Guna: The marginal footstep of the humans (Men has to eat / work): Toward what are we tuning our Raja?
Uplifting or degrading, and for what do we use our passions and actions, or better; our life?

Synonyms of Raja: Creative passion, exploiting passions, hard work, unlimited desires, control-seeking, collecting of wealth, dominated by physical impulses, lust, arrogance, dissatisfaction (even with gain), ego-mania, pride, augustness, vanity, self-glorification, impatience, impulsiveness, over hasten, restlessness, immodesty, greed, envy, gross identification with name, fame and glory, prestige, status symbols, high overhead, luxury goods, red Ferraris, jet-set, elitist-parties. **Result:** This one shifts and merges always up- or downwards.

POLE OF DECAY

The degrading channel/ thought-transmitter of “Radio Tama”, destructive ignorance:

Synonyms of Tama: Destruction, anger, ignorance, indignity, hatred, arrogance, aggressiveness, violence, corruption, hypocrisy, idleness, malice, cruelty, evilness, grief, fear, stupidity, megalomania, insanity, whining, madness, apathy arduousness, disrespect, sadness, blindness, uncleanness, betrayal, impurity, darkness, destruction of the environment through pollution, war, violence and terrorism, miss leading propaganda, weapons of mass-destruction and weapons of mass-distracton (mass media), destruction of the mind and physical body through alcohol and drugs, free radicals from feelings of hatred, anxiety, and the consumption of stress- and anxiety hormones in meat products (unnecessary violence). **Result:** Disease, spreading of suffering, receiving of suffering, bad Karma, shrinking radius of responsibilities/ freedom.

Sattva and Sattva-Guna can be compared with water and lemon water; one is pure and the other is sour, mixed with exploitive passion and destructive ignorance: **Sattva** is divine purifying energy as stated in *Bhagavad Purana 12.8.46*.

Sattva is the flow of the **healing current** (Heilstrom, Heilkraft) and comes from **Sat**, as in **Sat Cit Ananda** (Sat; healthy divine revitalization, Cit; divine guidance, focus and insight, Ananda; a higher taste of joy).

This WORLD-ETHOS we have to establish in our societies and in our own mind-set

against the “modern” dictatorship (and propaganda) of relativism,
orwellian, machiavellian technocrat singularity fascism
for world-peace and survival of mankind!